October 11

Psalm 90:10

70-80 Years Average?

The days of our years are threescore years and ten; and if by reason of strength they be fourscore years, yet is their strength labour and sorrow; for it is soon cut off, and we fly away.

70-80 Years Average?

A “score”
is 20 years.
So, threescore
years is 60
years.

Ten years added
to that is 70 years.
Hence, fourscore
years is 80 years.
This seems to be

saying people live roughly 80 years and of those years, there is “labour and sorrow” then we die and “fly away”.

It’s possible that the well-known religious hymn,

♬"I'll Fly Away", came from this verse?

In that song, there is more of a joyful and hopeful feel. The tone of this passage, however, seems to indicate that death is just

a matter of fact
or, perhaps, even
somewhat a
disappointment.
Even life, here, is
presented as being
brief and grievous.

We're told 70 years
is about what can
be expected but,

“…if by reason of strength they be fourscore years, yet is their strength labour and sorrow; for it is soon cut off, and we fly away.”

The outlook seems rather gloomy in

saying that if you happen to live past an average life expectancy of 70 years to 80 years of age, the “strength” or the better part of those years are still tediously filled with hard work

and unhappiness
and even then,
all there is left
is death.

In essence, here
it's saying living
even 10 years
longer is not so
great because
those extra years

are “soon cut off”.
You still just die
and “fly away”.

It may be that as
we get older, or at
any age, when we
hear about people
dying, we may
think about our
own lives and

inevitable deaths.

Maybe we do well to be concerned about the *then and there* more than the *here and now* because whether we reach 70, 80, more years, or fewer, most of

us are aware
that no one can
live in these
bodies forever.

If there is, in fact,
something to that
flying away,
perhaps we can
and should
prepare for

whatever there may be beyond these approximately 70 or 80 sad and laborious years.

ONE A DAY
SCRIPTURE
1611KJV
PRAYER